

Perky punch



Ingredients

4 x oranges
1 x small punnet of raspberries
330ml carbonated water

Equipment

Chopping board, vegetable knife, juice squeezer, 4 x small transparent plastic beakers or cups, mixing bowl, potato masher, dessert spoon.

Method

1. Halve the oranges around their equators.
2. Juice the 8 halves of orange.
3. Pour the juice into the four beakers or cups.
4. Mash the raspberries, until they become a pulp.
5. Spoon the pulp equally between the 4 beakers.
6. Slowly top with carbonated water.

Handy hints

- You may wish to use other soft fruits to make the pulp such as strawberries or blackberries/brambles.
- Instead of the juice from the oranges, try pineapple or apple juice.
- Make your own fruit ice-cubes to go in the drinks.
- Finish off your Perky punch with some brightly coloured straws or slices of fruit.
- You could pour your Perky punch into lolly molds and freeze to make ice lollies.

Serves 4