

Ingredients

- 2 bananas
- 2 satsumas
- 5 strawberries
- 8 seedless red grapes
- 8 seedless white grapes
- 2 x 15ml spoons orange juice

Equipment

Chopping board, sharp knife, large bowl, measuring spoons and mixing spoon.



Method

1. Peel the satsumas and separate into segments.
2. Cut away the stalks from the strawberries, then cut each strawberry into quarters.
3. Pull the grapes off the stalks.
4. Peel the bananas and slice carefully into small pieces.
5. Place all the fruit in a bowl and mix together.
6. Add the orange juice.

Handy hints

- Try using different types of fruit such as peeled and sliced kiwi, chunks of fresh mango or canned pineapple pieces.
- Use other types of fruit juice instead of orange juice